

Benefit Coordinators Corporation: Client Announcement
STOP AND READ: IMPORTANT FSA & HRA CHANGES EFFECTIVE 2011

What do these reform changes mean to you?

The Patient Protection and Affordable Care Act and the Health Care Reconciliation Act of 2010 made changes to how over-the-counter (OTC) drugs and medicines can be reimbursed under a healthcare plan's Flexible Spending Account. **Effective January 1, 2011**, certain OTC drugs will require a doctor's prescription in order to be eligible for reimbursement.



Even though these will be reimbursable expenses, **you will no longer be able to use your FSA debit card to purchase prescribed OTC items.** Instead, you will need to file a reimbursement claim along with the appropriate documentation (i.e., a copy of the prescription and the merchant receipt).

Keep in mind that merchant systems may not be updated by January 1 to prevent the use of debit cards for affected OTC items, so requests for documentation may increase until such systems are in place.

The following OTC items will not be eligible for reimbursement without a doctor's prescription:

- Acid controllers/digestive aids
- Allergy and sinus medicines
- Antibiotic products
- Anti-diarrheal/anti-gas medicines
- Anti-itch and insect bite medicines
- Anti-parasitic treatments
- Baby rash ointments and creams
- Cold sore remedies
- Cough, cold and flu medicines
- Feminine anti-fungal/anti-itch
- Hemorrhoid preps
- Laxatives
- Motion sickness medicines
- Pain relievers (aspirin, etc.)
- Respiratory treatments
- Sleep aids and sedatives
- Stomach remedies

The following OTC items will still be eligible for reimbursement without a doctor's prescription:

- Band Aids
- Birth control
- Braces and supports
- Catheters
- Contact lens supplies and solutions
- Denture adhesives
- Diagnostic tests and monitors
- Elastic bandages and wraps
- First Aid supplies
- Insulin and diabetic supplies
- Ostomy products
- Reading glasses
- Wheelchairs, walkers, canes and other durable medical equipment

Please visit the HealthCare.gov website to learn more about the [Affordable Care Act](#).

Regards,

BCC Management Team

About BCC

Benefit Coordinators Corporation (BCC) is a provider of outsourced solutions connecting Human Resources, Benefit Management and Specialty Administrative Services. BCC has been delivering quality service for 30+ years nationally with offices in San Diego, California and Pittsburgh, Pennsylvania. BCC presently provides services to clients in over 40 states for employers ranging in size from 50 to 30,000 employees. For more information, please visit www.benxcel.com.